The Graduate Life Office is here to support you!
Call and let’s get connected.

Telephone: 650.736.7078 | Emergency Pager: 650.736.7078 #25085

- Diagnosis/Treatment
  - Mental Health/Physical Diagnosis
  - Thoughts of Self Harm

- Sustained or Significant Challenges
  - Trauma
  - Addiction
  - Interpersonal Violence
  - Persistent Stress

- Stress & Coping
  - Interpersonal Conflicts
  - Occasional Anxiety and Sadness
  - Financial Stress
  - Grief and Stress

- Living, Functioning, & Thriving
  - Moving to Stanford
  - Making Friends
  - Adjusting to Academic Load
  - Navigating the University Structure